



*PARENT'S INFORMATION & RESOURCE CENTER, INC.*

# Tele-Mental Health

## Video Chat with Your Counselor



**PIRC IS EXCITED TO ANNOUNCE THAT WE ARE NOW OFFERING COUNSELING ONLINE !**

**REGISTER TODAY FOR VIDEO CHAT / TELE-MENTAL HEALTH**

**REGISTRATION AND SET UP ARE EASY !**

**STEP 1: ENTER YOUR E-MAIL ADDRESS OR GIVE YOUR E-MAIL ADDRESS TO OUR STAFF TO ENTER IN OUR SYSTEM**

**STEP 2: SCHEDULE A VIDEO SESSION WITH YOUR COUNSELOR OR MEDICAL PROVIDER**

**STEP 3: CHECK YOUR E-MAIL AT THE TIME OF YOUR APPOINTMENT**

**STEP 4: YOU WILL RECEIVE AN E -MAIL FROM YOUR COUNSELOR/DOCTOR, CLICK "JOIN ONLINE MEETING"**

**STEP 5: THE APP WILL ASK YOU TO DOWNLOAD SKYPE FOR BUSINESS , FOR FREE! (YOUR PHONE MAY ASK YOU TO SIGN IN TO YOUR APP STORE)**

**STEP 6: AFTER YOU DOWNLOAD SKYPE FOR BUSINESS, RETURN TO YOUR E -MAIL AND CLICK "JOIN ONLINE MEETING "**

**STEP 7: SELECT "JOIN AND GUEST" OPTION AND ENJOY YOUR VIDEO SESSION!**